

## **Nutrition Resources:**

- American Institute for Cancer Research: The site offers information on nutrition including recipes for cancer patients.  
[www.aicr.org/site/PageServer](http://www.aicr.org/site/PageServer)
- Arbor Nutrition Guide: This is a comprehensive nutrition site with links to many nutrition websites.  
[www.arborcom.com](http://www.arborcom.com)
- Cancer Nutrition Center: This site offers basic nutrition information.  
[www.cancernutrition.com](http://www.cancernutrition.com)
- IntelliHealth: This excellent website offers a range of information with complex to simple answers to nutritional needs questions. Readers can also email questions to "Ask the Expert".  
[www.intelihealth.com/IH/ihtIH/WSIHW000/408/408.html](http://www.intelihealth.com/IH/ihtIH/WSIHW000/408/408.html)
- Oncolink: This web site contains simple tips for cancer patients as well as scholarly articles. It contains information on nutrition and cancer prevention and nutrition during cancer treatment.  
[www.oncolink.upenn.edu](http://www.oncolink.upenn.edu)